

Wed Mild evening, a bit of a breeze,  
good night for running

Southside Masters Inc

Short Track

1 mile

Long Track

3 k

	Name	Actual	l'cap	Nett	PI	Po		Name	Actual	l'cap	Nett	PI	Po
		Time		Time	acc	ints			Time	Time	acc	ints	
1	Riley Delaney	5:22	-	5:22	6	4	1	Jake Shaw	7:00	1:20	7:40	1	20
2	Kim Delaney	5:29	-	5:29	7	3	2	P Rav	10:33	2:19	8:14	3	15 1/2
3	R Groeschell	5:55	1:59	3:57	2	8	3	Magda Poulos	10:39	2:18	8:21	8	11
4	Louise Denneen	7:10	3:00	4:10	5	5	4	J Dawlings	10:55	2:40	8:15	5	14
5	J Dawlinge	7:14	3:14	4:00	3	7	5	Lynette Delaney	11:23	3:16	8:12	2	18
6	C Plummer	7:26	3:23	4:03	2	6	6	B Darby	11:53	3:38	8:14	3	15 1/2
7	Christopher Breen	7:44	-	7:44	8	2	7	T Yates	11:58	3:50	9:08	15	4
8	M M Guirk	8:16	4:51	3:25	1	10	8	Louise Denneen	12:13	3:55	8:18	6	12 1/2
9							9	N Breen	12:20	3:23	8:57	13	6
10							10	C Darby	13:10	4:22	8:48	10	9
11							11	T Dixon	13:30	4:37	8:53	12	7
12							12	O Lund	14:32	5:40	8:52	11	8
13							13	J Irvine	16:35	4:57	10:38	17	2
14							14	M Roberts Jr	16:38	7:20	8:18	6	12 1/2
15							15	L Farley	16:36	9:11	9:25	16	3
16							16	Anna Argall	17:49	9:23	8:26	9	10
17							17	P Dell	18:17	7:12	9:05	14	5
18							18						
19							19						
20							20						

7.5 k Road Race

1	G Keir	36:08	14:57	21:11	1	6	22
2	B Fickel	39:47	14:31	25:16	4	2	23
3	D Burns	41:44	18:16	23:28	2	4	24
4	M Gentle	46:27	21:34	24:47	3	3	25
5							26
6							27
7							28
8							29
9							30
10							31
11							32

3 k

Walkers

13							18	1	O Millidge	21:29	9:01	12:22	4	4
14							19	2	C Russ	24:44	12:32	12:12	3	5
15							20	3	Jessica Calverton	24:45	14:32	10:13	1	8
16							21	4	A Argall	26:16	13:29	12:47	5	2 1/2
17							22	5	C Plummer	27:11	15:07	12:03	2	6
18							23	6	H Simon	28:15	15:32	12:47	5	2 1/2
				1st				7						
								8						
				2nd				9						
								10						
				3rd				11						